



Eat, Create, Meditate: Friday, Sept. 13

- Benefits Dayton Mediation Center and Women's Peer Mediation Program -

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The Dayton Mediation Center will host the third annual Eat, Create, and Meditate fundraiser on Friday, Sept. 13, at the Brightside Music & Event Venue, 905 E. Third St., from 5:30 p.m. to 8:30 p.m.

The event supports the Peer Mediation Program for women of the Dayton Correctional Institution, but it is much more than a fundraiser. Guests will enjoy a fun evening of great food provided by Brock Masterson's Catering & Events, yoga led by Leona Banks and Kay Edwards (Dayton International Peace Museum), and art creation with Amanda Grieve of the Dayton Society of Artists and Joshua Stucky of Square One Salons.

Individual tickets are available for \$45 to \$90 and may be purchased at daytonmediationcenter.org/fundraiser; ticket purchases and contributions are tax-deductible as allowed by law.



The Dayton Correctional Institution (DCI) Women's Peer Mediation Program is the first of its kind in the region and is designed to help reduce conflict in a prison setting. The program exposes women to conflict management skills with more than 60 hours of ongoing training to help learn effective ways to communicate during conflict. The training also will help women have new tools they can use to engage with others, including their families, as they rebuild their lives and return to their communities. Since 2016, the Dayton Mediation Center has trained more than 30 incarcerated women in the skills of Transformative Mediation. DCI mediators assist their peers self-manage conflict constructively in mediation while

also learning skills that help improve communication and reduce tension.

Proceeds from past Eat, Create, Meditate events have provided training materials for peer mediators, on-site program staff, and creation of a short film (see daytonmediationcenter.org/prisonpeermediation). Sponsorship opportunities are still available; for more information visit daytonmediationcenter.org/fundraiser.

About the Dayton Mediation Center

The Dayton Mediation Center is the region's premier provider of conflict intervention services, with free and low-cost services to the Dayton region since 1987. With a clear vision and mission, the Dayton Mediation Center offers community members a peaceful and non-violent process for responding to conflict and annually receives more than 2,000 referrals and intervenes in over 1,000 conflict situations directly. The City of Dayton established the Dayton Mediation Center to ease the impact of community conflicts on public resources. The Center is located at 371 W. 2nd St., Dayton, OH 45402. For more information, call 937-333-2354 or visit daytonmediationcenter.org.

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