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## **Chief Biehl to teach yoga and martial arts to young campers**

Wed., July 31

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Dayton police officers, along with officers from numerous other local departments, are taking part in the National Conference for Community and Justice (NCCJ) Police and Youth Together Camp this week.

Boys and girls ages 10-12 from the Dayton area are spending the week learning and playing alongside the officers, in hopes of forming lasting bonds and relationships that will facilitate trust and understanding.

On Wednesday, July 31, Dayton Police Chief Richard Biehl will teach campers a combination of yoga and martial arts, which both are ways to self-regulate and help handle stressful situations. Chief Biehl's session will begin at 1 p.m. and last until about 2:30 p.m.

On Thursday, August 1, the Police and Youth Together Camp will welcome campers' families for a cookout and 'Ask the Officer' session, which begins at 6 p.m.

Police and Youth Together Camp is held at the Capt. John C. Post Fraternal Order of Police Lodge #44, located at 4275 Powell Rd.

Media are encouraged to attend.

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